

Daily Word



A UNITY PUBLICATION
OCTOBER 1951

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, understanding, and right action for the good of all mankind.

SEPT. 20 to OCT. 19

ILLUMINATION (11 a. m.): I abide in the light, and there is no occasion for stumbling in me.

PROSPERITY (12 noon): I am free from all financial fear. My affairs are in the keeping of the Holy Spirit, and prosperity meets me on every hand.

HEALING (9 p. m.): I willingly and gladly give up the limitations of personality and enter into the unbounded health and perfection of the Holy Spirit.

OCT. 20 to NOV. 19

ILLUMINATION (11 a. m.): The glory of the Lord is awakened within me, and I walk in the path of light.

PROSPERITY (12 noon): I joyously accept the riches of God, prepared for me from the foundation of the world. I am prospered in all ways.

HEALING (9 p. m.): The joy of the Lord is a well-spring within me, and I am aglow with radiant health.

DAILY WORD is published monthly by **UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI**. Single copies at 15c each. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Entered as second-class matter, at the post office at Lee's Summit, Missouri. Accepted for mailing at the special rate of postage provided for in sec. 1103; act of Oct. 3, 1917, authorized June 13, 1924.

Unity School publishes the following periodicals: **Unity**, **You**, **Weekly Unity**, **Good Business**, **Daily Word**, and **Unity Sunday-School Leaflet** at \$1 a year, and **Wee Wisdom** at \$2 a year.

DAILY WORD

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Vol. 55

OCTOBER, 1951

No. 4

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Build Up Your Faith

ELIZABETH SAND TURNER

DO YOU desire healing for yourself or for a loved one? On more than one occasion Jesus emphasized the necessity of faith in bringing about healing. Surely you have some degree of faith; surely you have prayed, and perhaps you are wondering now why healing has not come about. It is well to remember that there is more than one degree of faith, and instead of being discouraged about the existing condition, why not pause to consider the strength of your faith and then take steps to increase it?

One time there was a man whose son was suffering from a dread disease. Despite the fact that the boy had been afflicted from childhood, the father believed that the condition could be remedied. When he heard of the wonderful healings being performed by the Galilean, the father set out to find Him. At the moment Jesus was in seclusion, but the father met several of His disciples and asked their assistance. The disciples were willing to comply with his request, but they were unable to heal the boy. While they were talking, Jesus joined the group, and the father immediately asked His help. Jesus replied, "All things are possible to him that believeth." The father's

poignant cry was, "I believe; help thou mine unbelief." Forthwith Jesus rebuked the unclean spirit and the boy was made whole.

The account of this healing is recorded in the 9th chapter of The Gospel according to Mark, verses 14-29. It is of special value to us as it reveals three degrees of faith—that of the father, that of the disciples, and that of Jesus.

The type of faith represented by the father is often referred to as "blind faith"—the kind of faith most of us have when we first seek help from the Lord. We believe instinctively that God is good and that He will answer our prayers if we can reach Him. In seeking Jesus, the father showed that he had turned from physical means of cure and had sufficient faith to ask for spiritual healing. So when Jesus stated that faith was required, he replied, "I believe." However, realizing that his trust was not perfect, he added, "Help thou mine unbelief."

You may be just where this man was in consciousness. You are willing to make an effort to find a spiritual solution to the problem of sickness for yourself or another and are definitely asking for it. If it is not forthcoming it is because your faith is not quite strong enough. Ask God to help your "unbelief." Faith is that quality of mind which makes for receptivity on our part and

enables us to take the blessing that God is ever willing to give. Do not be turned from your righteous purpose because you do not succeed the first time. If you pray earnestly, God will strengthen your faith.

The disciples represent a higher order of faith. They had confidence in, spiritual healing, for they had seen much of it in their association with Jesus. Some time previously the Master had sent them out to perform His works, and they returned, rejoicing in what had been accomplished through them; for "they cast out many demons, and anointed with oil many that were sick, and healed them." But on this occasion they were powerless. They were puzzled, and when they were alone with Jesus they asked Him for an explanation of their failure. In Jesus' reply lies the answer to why we are sometimes unable to correct a condition, though in other instances we have received prompt response to prayer. He said, "This kind can come out by nothing, save by prayer." The words "and fasting," are added in the Authorized Version of the Bible and give additional clarity to His words.

Prayer and fasting are the two methods used in raising the consciousness to a spiritual level. When there is a deep-seated difficulty, such as a long-standing illness or a problem we have had

for a number of years, it is evident that we are entertaining many erroneous thoughts concerning it. These must be dissolved before a healing is possible. Perhaps the adverse state of consciousness has been built up over a period of time, and even though other overcomings have been made, this one seems immovable. We may believe that spiritual healing is possible and yet be unable to gain freedom from a specific condition. In such case we should study Jesus' explanation to His disciples and practice diligently the methods He prescribes.

Spiritually considered, prayer and fasting are the affirmation and denial we use in Truth. Denial is for the purpose of erasing error states of mind, and affirmation establishes a true or spiritual state. We need to repudiate or deny any belief in the reality of disease. A practical way of using denial is to refrain from discussing a physical difficulty. In speaking of it, we give it reality. Most persons find it hard not to talk about the thing that troubles them; but if there is to be a healing one should deny or turn away from what is unhealthy. Fill your mind with ideas of wholeness. Unity consistently recommends the affirmative form of prayer and suggests that you select several appropriate affirmations and use them faithfully. In this way the mind is filled with thoughts

that strengthen faith in divine healing.

The third and complete development of faith is represented by Jesus. He had attained what we aspire to. His was a continuous recognition of the presence and power of God.

In us at this moment is the same presence, the Christ, which animated Jesus. It is the one healing power. The father of the boy did not realize that wholeness is the reality. Even the disciples did not have a complete awareness of it. But Jesus did. Because of His attention to our heavenly Father, He had unified Himself with the supreme good. There was no doubt in Jesus' mind, no wondering as to whether He could heal the afflicted boy. "Thou dumb and deaf spirit, I command thee, come out of him, and enter no more into him." Sustained by faith, His was the authoritative word that brought forth health immediately.

If you earnestly desire to correct a condition of body or affairs, ask God to strengthen your faith. "I believe; help thou mine unbelief." Then do your part through the spiritual practice of denying the reality of limitation and steadfastly affirming that the indwelling Christ life is mighty to heal. Every heartfelt prayer attunes us to our Father-God and is rewarded by a more substantial faith.

Who Am I?

VIRGINIA CRAWFORD HERBERGER

I AM a child of the Most High and as such I no longer belittle myself or my endeavors.

I do not find fault with myself or deride my own efforts if they disappoint me.

I do not berate myself with the memory of past mistakes.

I recall that I am as much God's child as any other in the universe and I treat myself accordingly.

I strike a perfect balance, neither indulging nor condemning myself.

I seek to know more of my true identity and to see myself as God sees me.

I am free from discouragement, for I know that each day brings me fresh opportunities to express my indwelling Christ nature.

I am confident of my ability to do all things through my oneness with God's limitless power.

I am not concerned with the passing of time, for it is never too late for me to begin again.

I am forever free from fear, knowing myself to be surrounded and protected by God's loving presence.

Wherever I am, whoever I am, I am first, last, and always a beloved, cherished child of God.

Good Will Triumph

RALPH R. RHEA

IF YOU have circumstances in your life that seem undesirable, remember that in everything there is an element of good.

Consider what Jesus did whenever He was faced with difficult circumstances. To the wild wind and tossing waves He said, "Peace, be still." In the presence of the hungry multitude, He blessed the few loaves and fishes, and the hungry were fed. In the face of devastating disease, He said, "Thy faith hath made thee whole." To them who persecuted Him He said, "Father, forgive them; for they know not what they do."

Jesus Christ had faith in the Father-God, the principle of good, and His faith was used to turn inharmony and the appearance of evil into good. Through faith in God you too can bring forth good in every situation.

If you have a physical ailment, bless your body temple. Affirm: "God's healing power works through me, and I am healed." Know that your healing is taking place now. Regardless of appearances, keep faith in the unfailing, unchanging life of God, which is in every cell of your body. Through the power of your faith and prayers you can be healed.

If there is inharmony in your home, you have the power to establish harmony. Bless every member of your household. Affirm: "This is a home of peace and love. All those who dwell here are established in perfect harmony."

If you are unhappy in your work, know that you are being guided in all that you do, that order, success, and prosperity are being established in your life. Affirm: "I give expression to my own creative ability in this work. My mind is the channel for divine ideas, and I am blessed with true accomplishment."

If, in your relations with others, inharmony or misunderstanding arises, affirm: "The forgiving love of Jesus Christ works in me and in you, and we are unified in perfect harmony."

You will find these affirmations a wonderful help in turning every adverse situation into good. The nature of God is good. He is more powerful than any appearance of inharmony.

We can form the habit of greeting each day with the calm assurance that we are going forth to meet our good. We can know without a doubt that each experience brings growth and soul development. As we increase our faith, as we use the Truth that we know, we are able to say to every appearance of negation, "Good will triumph!"

Monday

OCTOBER 1

I DO NOT THINK OR TALK ABOUT THE SEEMING DIFFICULTIES IN MY LIFE. I LEAVE THEM IN GOD'S CARE.

I PLACE myself, my seeming difficulties, my dear ones, my future in God's healing care, for I know that His mighty and everywhere present Spirit is capable of adjusting all things perfectly.

"In this joyous reassurance,
I relinquish worry thought.
From my shoulders loads are lifted.
I accept Thy Truth as taught:
Just to cast on Thee the burden
And no longer be afraid,
To behold Thy prompt salvation,
To depend upon Thine aid."

I do not think or talk about the difficulties in my life. I leave them in God's care. With His guidance this day takes on a definite purpose. Each task links itself to the other, creating a harmonious pattern, and I know that I am part of a perfect plan.

✿ *If we ask anything according to his will, he heareth us . . . whatsoever we ask, we know that we have the petitions which we have asked of him.—I JOHN 5:14.*

OCTOBER 2

Tuesday

TODAY I WILL BE HAPPY! TODAY I WILL BE JOYOUS!

HAVE YOU ever felt that if some particular situation works out for you you can be happy, that if a special something happens to you you can be joyous? Many persons deny themselves happiness and joy because of this kind of thinking.

There is something in every day to bring happiness, to inspire joy. But you must expect happiness, look for joy, and accept them today. Fragments of happiness and joy, gathered day by day, insure a full, satisfying life.

If you wait until your life is "set" in some particular way before you allow yourself to be happy, to feel joy, you are denying yourself the everyday blessings that life contains for you.

Every day can be an adventure; every day can be a day of rejoicing. Every day can add to the development of our innate God qualities; every day can increase our understanding; every day can bring us blessed and enriching experiences.

*This is the day which Jehovah hath made;
We will rejoice and be glad in it.*

—PSALMS 118:24.

Wednesday

OCTOBER 3

THE LOVE OF GOD IS EXPRESSED THROUGH ME IN THOUGHT, WORD, AND DEED.

IF I AM to be a loving person, one who expresses love toward others and who in turn is loved, I need to let God's love so fill my heart that it radiates through me and is expressed in my every thought, word, and deed.

When my mind is filled with love, my thoughts are loving. I see only the good in others. I think only the things that are kind and true, and I see every person as trying to express the best that is in him. When my heart is filled with love, my every word expresses the love I feel. I remember to speak words of encouragement and cheer, for I know they help another along his way.

When God's love is expressed through my every act and deed, I am patient and poised under all circumstances. I do only the things that are for my good and for the good of others. I give loving thought to all my actions so that they bring happiness to others.

✿ *Let your light shine before men; that they may see your good works, and glorify your Father.—MATT. 5:16.*

OCTOBER 4

Thursday

MY FATHER IS ALWAYS WITH ME, FILLING
MY HEART WITH ABIDING JOY.

GOD, MY Father, is always with me. He inspires me with wisdom to solve all problems and fills me with strength to overcome all obstacles. I turn to Him in quietness and faith, and that which seemed difficult before becomes easy, that which seemed obscure becomes clear.

God, my Father, the source of my being, is helping, healing, restoring, leading me on to new discoveries. I say to my Father: "Thank You for giving me all good things. I shall walk with You always in faith and with a thankful heart."

I open my heart to God's love and to His divine law. In joyous prayer I seek to keep in harmony with His Spirit every moment of the day. A happiness beyond words fills me. I cannot be sad or depressed or afraid when I think of the boundless love of God and am conscious of His presence within me.

I relax and am blessed with a great sense of well-being.

✿ *In thy right hand there are pleasures for evermore.*
—PSALMS 16:11.

Friday

OCTOBER 5

I AM NOT IMPATIENT, FOR I KNOW THAT ALL THINGS ARE WORKING TOGETHER FOR GOOD.

IF SOME need or desire seems slow in being fulfilled do not let your faith lag. If it seems that a certain prayer is not being answered, do not become impatient. Prove your faith by standing firm. Continue to pray and meditate; continue to follow God's guidance, knowing always that His plan for you is only good.

As there are different seasons in the natural world, so are there different "seasons" in our human lives. There are often periods of development that move according to a larger purpose than we can understand at the time. Perhaps we want to hurry the season, to bring forth the bloom or the fruit before the time is ripe. And when our prayer is not answered we give way to doubt and fear, which block the channel and make the waiting seem even longer and harder.

If we are constantly receptive to God and His good we shall know constant joy and love and peace. We shall know that "with God all things are possible."

✿ *To them that love God all things work together for good.*—ROM. 8:28.

OCTOBER 6

Saturday

I CARRY ON THIS DAY'S ACTIVITIES IN PERFECT CONFIDENCE.

TO HAVE confidence means that I have within me a deep feeling of faith. It means that I have poise, an inner assurance built on trust in God. It means that I rely on Him as my strength and my wisdom and that with His help every activity that is my especial assignment this day will be done easily and effectively.

With God's help this day forms itself into a pattern of divine order. With His help there is time for every activity. With His wisdom each task is done intelligently and for the good of all concerned. With His guidance I feel sustained, enriched, fulfilled. No activity depletes me, for He is my source of constant renewal.

Once I have left my problems with God, I no longer rehearse them in my mind or in my conversation with others.

I let go completely of all anxious thoughts about my affairs and replace them with the thought of God's mighty presence and power. I carry on this day's activities in perfect confidence.

* *Look unto me, and be ye saved, all the ends of the earth, for I am God, and there is none else.—ISA. 45:22.*

Sunday

OCTOBER 7

GOD IN THE MIDST OF ME IS MIGHTY TO QUICKEN, TO REVITALIZE, TO STRENGTHEN, AND TO HEAL ME NOW.

IF YOU ARE in need of healing, no matter how alarming the appearance seems to be, remember that no condition is too difficult for God to heal. Man sometimes places a limitation upon what God can do, but "with God all things are possible."

If you seem unable at times to keep your mind on God and thoughts of fear and worry creep into your consciousness, say with all firmness: "I will not weaken my faith through fear and worry. I know that God's power is mighty in the midst of me—quicken, revitalizing, strengthening, and healing me now. Praise God, I am whole!"

After you have affirmed this with faith and resoluteness, relax and feel God's healing power within you. His life is harmonizing and revitalizing each organ and function of your body, rebuilding and strengthening you.

God in the midst of you is mighty to heal.

✱ *With men this is impossible; but with God all things are possible.*—MATT. 19:26.

OCTOBER 8

Monday

I AM FREE FROM ALL FEAR, FOR I TRUST GOD
TO PROTECT MY LOVED ONES.

IF YOU are fearful concerning your loved ones, know that God is their help in every need, their abiding peace, and their divine protection. Before your loved ones were yours they belonged to God, and their welfare is dear to Him. So place them in His loving care, knowing with faith that He is a shield of divine protection and a refuge in time of trouble.

When you arise in the morning instead of being fearful concerning the welfare of your dear ones, intrust them to the care and keeping of God. Know that nothing can harm them; for He is with them, their protection, their help in every need. Before you retire at night again acknowledge God and give thanks to Him for His protecting Spirit surrounding and infolding you and those you love.

From this calm and trustful attitude, strength, faith, assurance in the power of God to care for His own will fill your heart and mind.

God is blessing and protecting your dear ones, no matter where they are or what their needs may be.

✿ *Fear not; for I am with thee.*—ISA. 43:5.

Tuesday

OCTOBER 9

THE FORGIVING LOVE OF JESUS CHRIST FILLS MY HEART AND ENABLES ME TO FORGIVE MYSELF AND OTHERS.

IF YOU are a person who finds it difficult to forgive, you need to turn within to the Christ and let His love fill your heart. Give yourself and the situation that troubles you to Him, and you will find yourself able to forgive and to forget every wrong.

When you keep turning over in your mind the memory of some hurt or injustice in the past, you are closing your mind to the forgiving love of Christ. You harm only yourself when you withhold forgiveness, for you are being disobedient to the Christ love, which dwells within you and seeks expression through you.

When the forgiving love of Christ fills your heart it wipes from your memory all thought of the harm and injustice that another may have done you. It prompts you to forgive and to forget everything that has made you unhappy.

The forgiving love of Christ fills your heart and sets you free.

✿ *I will forgive their iniquity, and their sin will I remember no more.*—JER. 31:34.

OCTOBER 10

Wednesday

THERE IS NOTHING IN ALL THE WORLD FOR ME TO FEAR, FOR GOD'S LOVE SURROUNDS AND INFOLDS ME.

GOD is love, and love is everywhere and in everyone. I keep this thought with me day and night; it is my deliverance from all fear. God's love is my constant and instant protection, my strong shield; and nothing can penetrate this spiritual armor. I keep my thoughts filled with love. I consciously pour out love to everyone, for love is the greatest power in heaven and earth. Love is irresistible; love never fails to release me from all burden and fear.

Love is the only power, for all that is not loving is not of God and therefore has no power. Love in my thoughts brings peace and harmony to my body. Today I empty my mind and heart of all fear by realizing that God's infolding love is with me now and always. I fill my thoughts with love, peace, and good will. I am relaxed, happy, and completely unafraid.

There is nothing to fear, for God's love surrounds and infolds me.

✿ *There is no fear in love: but perfect love casteth out fear.*—I JOHN 4:18.

Thursday

OCTOBER 11

I BELIEVE IN THE POWER OF GOD IN ME
WHICH FULFILLS ALL MY NEEDS.

GOD IS THE answer. God within me is the solution to every seeming problem in my life. The deep need I feel can be completely satisfied through the power of God within me.

I believe this. I believe that God can heal my body, adjust my affairs, stabilize my emotions, and bring to me the right experiences, the persons, and the security necessary for my happiness and well-being.

I let go of any tension. I no longer think or speak of my lack or fear, but instead I affirm the reality of that which I need. Every time negative pictures come to mind I quietly but firmly replace them with the thought of God and the good He has for me.

As I keep my mind on the good, the power of God Himself manifests that good in my life in His own perfect way.

I believe in the power of God in me which fulfills my needs.

* *Before they call, I will answer; and while they are yet speaking, I will hear.*—ISA. 65:24.

Friday

THROUGH EVERY EXPERIENCE I BEHOLD THE
LIGHT OF GOD'S LOVE.

EVEN THOUGH at times life may seem dark to you, in reality you are surrounded by light. The despair or discouragement you feel is transient, but the light of God's love is permanent. The light of His love shines forth in many ways. The unexpected kindness of a friend, a word of praise and encouragement that lifts your spirit, the heart-warming experiences of every day are expressions of God's love.

As you think about God's love, as you think about the many things you have to be thankful for, your heart will grow lighter and the clouds of depression will lift.

No matter what has happened to make you unhappy, to make your way seem dark, behold, life is still good; God is still with you; the opportunity to love and to be loved remains.

As you open your mind and heart to God's light and love you will see something to rejoice in in every experience, you will find life becoming more meaningful than ever before.

* *They shall obtain gladness and joy, and sorrow and sighing shall flee away.*—ISA. 35:10.

Saturday

OCTOBER 13

THE SPIRIT OF TRUTH GUIDES ME AT ALL TIMES AND LEADS ME INTO MY HIGHEST GOOD.

WHEN WE need guidance and do not know which way to turn, if we remember that there is a Spirit of truth within our own mind that is dependable and accurate, we shall know what to do and the way to do it. Jesus said, "When he, the Spirit of truth, is come, he shall guide you into all the truth."

When we turn to God His guidance is given us. No longer need we depend on our own powers alone for guidance. We can depend on God to guide our footsteps and lead us into our highest good.

As we open our mind to the Spirit of truth, creative ideas begin to dominate our thinking, and new thoughts flow into our mind. The quickening energy of the Spirit of God within enlivens us. Joy and enthusiasm radiate from us, and the many duties of our life are performed with poise and assurance. Intuitively we know that His Spirit guides us into smooth and pleasant pathways and leads us into our highest good.

♣ *Guide me in thy truth, and teach me.*—PSALMS 25:5.

OCTOBER 14

Sunday

I KEEP MY HEART FREE, UNCRITICAL, AND
LOVING.

JESUS was the incarnation of God's infinite good will toward man; and He commanded us to love one another, even as He loved us. He taught and proved that we should be well and whole—that this is God's will for man. However, Jesus made it clear that our wholeness of being is maintained by our keeping a completely loving attitude toward life everywhere.

As followers of Jesus we must be alert that critical thoughts and feelings do not take hold and grow in our mind and heart. As followers of Jesus we must turn our full attention within toward God and let His healing Spirit dissolve all inharmonious feelings and fill our heart with the light of His love.

I am filled with good will. There is no place in my consciousness for grudges, or unforgiving thoughts; no condemnation can lodge there. I have no time for unkind gossip.

I keep my heart free, uncritical, and loving at all times, toward everyone.

♣ *Beloved, let us love one another: for love is of God.*
—I JOHN 4:7.



Dimensional

MARGARET WOODWARD LARSON

The tree stands so much higher there
than I am high.

I long to feel what it must feel,
fusing with sky.

I long for heights the tree has won
since seedling birth,

Not knowing that the straining tree,
rooted in earth,

Envies, perhaps, my freedom here
where I,

Though child of both, still am not bound
by earth and sky.

The tree has only height and depth—
it knows no more—

While I have all a universe
I may explore.

My thoughts are wide as earth is wide,
As high as sky!

The tree is limited in growth,
but oh! not I!

Monday

OCTOBER 15

I CONSULT GOD'S SPIRIT OF WISDOM WITHIN ME IN HANDLING EVERY DETAIL OF MY LIFE.

WE NEED continually to consult God's Spirit of wisdom within us if we are to act with good judgment, if we are to live a satisfying and creative life. Even if we are called upon to act quickly, to decide instantly in some matter, we always have time to seek the guidance of God's Spirit within us.

It is to our advantage to seek inner guidance, for what we do in haste or a moment of emotion may propel our life into an entirely different direction than we want it to go. While we learn from experience, we often go through experiences that are neither profitable nor necessary. By seeking the guidance of Spirit, by acting on our highest judgment, we can avoid many unhappy and unwise experiences.

There is a Spirit of divine judgment in our mind that, when consulted in prayer, leads us into the ways of life that are purposeful and fulfilling for us. Let us consult this Spirit within us in handling every detail of life.

☛ *Quicken me, O Jehovah, according to thine ordinances.*—PSALMS 119:149.

OCTOBER 16

Tuesday

I HAVE FAITH IN THE ETERNAL PRESENCE OF
GOD'S LOVE AND IN THE FOREVERNESS OF
LIFE.

TO MEET separation from a loved one, to meet the unexplainable phases of life, we need to see with a vision clarified by faith. We need to see with a vision from which the curtain of fear and resistance has been lifted. We need to see with spiritual vision.

We need to see that we do not live in a destructible world, in an impermanent world, in an unpredictable world. We need to see that we live in a world nourished and renewed by the eternal flow of God's love. We need to see that every soul has its origin and continuance in the foreverness of God's life.

When we see with this soul vision, with this transcendent vision, we do not fear or resist the experiences of life. We do not allow our heart to dwell on sadness or sorrow. We turn toward God's Spirit of life and love in the midst of us and accept the comfort and renewal, the assurance and healing that are found there.

• *I am Alpha and Omega, the beginning and the ending.*—REV. 1:8 (A.V.).

Wednesday

OCTOBER 17

I TRUST GOD'S LAW OF LOVE TO ESTABLISH JUSTICE IN MY LIFE, AND MY MIND IS AT PEACE.

IF YOU feel that an injustice has been done you, how do you meet it? Do you fill your mind with resentment and seek a way to get even? Or do you trust in God's law of justice to do the equalizing and reveal to you the way to meet the situation intelligently and lovingly?

The latter way is the effective way. God's law of justice is constantly at work, equalizing and adjusting every circumstance, every condition.

It is true that there may be times when you need to take a firm stand for what you believe to be right. But you can take this stand without belligerence, without arousing antagonism in others. If you place your trust in God's law of justice, you can approach every situation with dignity and poise. God's law cannot be deterred or undermined. God's law works with undeviating certainty. God's law can be trusted to establish justice.

*Great peace have they that love thy law;
And they have no occasion of stumbling.*

—PSALMS 119:165.

OCTOBER 18

Thursday

I AM WITH THE FATHER, AND THE FATHER
IS WITH ME.

THE FATHER'S love for you, His child, is with you every moment of the day. His love for you is changeless and eternal, regardless of your attitude toward Him. You are never separated for a moment from Him in reality, no matter what your thoughts may be.

God is with you now. He is waiting for recognition in your consciousness, so that He may pour the full power of His love into you and set it to work in and through you.

When you let go of any feeling of remorse, bitterness, self-pity, or limitation and trust God's presence, you feel a surging sense of joy and power.

Even though trouble may seem to be all around you, be of good cheer, for God is with you, ready to shower His blessings upon you and fill you with the strength of His power. The Father loves you with a never-ending love. All that He has and is belongs to you. You are His child and heir. Joyfully claim your good now.

* *Yea, I have loved thee with an everlasting love.*—JER. 31:3.

Friday

OCTOBER 19

I LET GO OF OLD THOUGHTS AND OLD CONDITIONS IN ORDER TO MAKE ROOM FOR NEW IDEAS AND NEW BLESSINGS.

TODAY IS a good time to begin making room for the new blessings I need in my life. When I want to make room for something new in my home I get rid of the things I no longer need. So it is with my thoughts; when I need new ideas and new blessings I let go of old, negative, limiting thoughts. It is a joyful experience to make room for God. God is always ready to fill my mind with new ideas and my life with new blessings when I am open and receptive to Him and make room for the ideas and blessings He gives me.

If I am always looking backward to review old conditions and hold onto yesterday's limitations, I am not ready for God's provision for my needs today. I want to go forward unhindered by old burdens and fears, so I let go gladly and listen for God's guidance and ideas for today. Something new and beautiful will come to me today, for I have opened the way. I am free to accept the new, for I have let go of the old.

✿ *Forgetting the things which are behind.*—PHIL. 3:13.

Saturday

THE GLORY OF THE LORD IS AWAKENED
WITHIN ME, AND I WALK IN THE PATH OF
LIGHT.—UNITY ILLUMINATION THOUGHT.

“**A**RISE, SHINE; for thy light is come, and
the glory of Jehovah is risen upon thee.
. . . Jehovah will arise upon thee, and
his glory shall be seen upon thee.”

These words are spoken to you, so that you
may let the light that is at the heart of your being
shine forth to illumine and bless you and your
fellow men.

The light of Spirit within you shines with un-
dimmed brightness, and the glory of God's pres-
ence is revealed to you and through you. Even as
He has given you light, so you give light to all
as you walk in His light.

God is light. He is the light in you. You are His
light among your fellow men.

Let the light that is in you shine, and whosoever
beholds the light shall be gloriously blessed and
inspired.

✽ *As therefore ye received Christ Jesus the Lord, so walk
in him, rooted and builded up in him, and established
in your faith, even as ye were taught, abounding in
thanksgiving.—COL. 2:6, 7.*

Sunday

OCTOBER 21

I JOYOUSLY ACCEPT THE RICHES OF GOD, PREPARED FOR ME FROM THE FOUNDATION OF THE WORLD. I AM PROSPERED IN ALL WAYS.

—UNITY PROSPERITY THOUGHT.

YOU ARE rich. You are rich in the infinite abundance of the Father, prepared for you from the foundation of the world. Your Father loves you with a love that is tender and all-encompassing, and He waits momentarily for you to accept the riches that are your divine heritage as His child.

Open your heart now to the inflow of His love, which bears with it supply for every need—new life, new inspiration, new hope. Lift up your faith, and know that your Father is even now, this moment, pouring out for you an unending stream of blessings. Accept them with joy; and as you rejoice you will behold them becoming manifest momentarily for you.

In Spirit your every need is supplied; there is abundance to spare. Rejoice and be glad, for plenty is at hand.

✿ *Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world.*
—MATT. 25:34.

OCTOBER 22

Monday

THE JOY OF THE LORD IS A WELLSPRING WITHIN ME, AND I AM AGLOW WITH RADIANT HEALTH.—UNITY HEALING THOUGHT.

JOY is a potent healing power. It not only quickens our spirit, but it stimulates every cell and function of our body. When we obey the Biblical injunction, "Rejoice in the Lord," we stir into activity within us the spirit of healing.

Joy is like a wellspring. It rises up spontaneously within us as we cultivate a happy, harmonious, peaceful state of mind.

"The joy of Jehovah is your strength." It is also your life, your health, your peace. The joy of Jehovah, which is now expressed in and through you, is a wellspring of living water, the water of life. It flows through your entire being, cleansing, energizing, healing you, making you whole.

Your joy is "made full." It is no longer impeded by sorrow or other negative emotions. You are free to show forth the perfect health that is your divine right. Rejoice, for your healing is made manifest! You are well, whole, perfect!

* *The water that I shall give him shall become in him a well of water springing up unto eternal life.—JOHN 4:14.*

Tuesday

OCTOBER 23

THE FATHER KNOWS MY EVERY NEED. I TRUST HIM AND HAVE NO FEAR.

GOD is the source of my supply. He never fails me nor forsakes me. As I do my work to the best of my ability, remembering to trust God and to be agreeable and co-operative with my fellow workers, the compensation that I need to sustain me is forthcoming.

If my income does not seem to satisfy my needs, I shall not become discouraged and disgruntled. Instead, I shall give thanks to the Father for what I do receive and I shall pray for guidance that I may become more efficient and useful to others.

When I give money in payment for the things that I need, I shall not give it grudgingly and in fear, but I shall give it in a spirit of gratitude. I shall bless my outgoing substance with a prayer that it may bless all those it contacts, and as I give, I trust the Father to care for all my needs.

God supplies my every need if I trust Him and do my work with love and joy.

✿ *If God doth so clothe the grass . . . shall he not much more clothe you . . . Be not therefore anxious for your heavenly Father knoweth that ye have need of all these things.—MATT. 6:30, 31, 32.*

OCTOBER 24

Wednesday

I AM NEVER ALONE, FOR THE FATHER'S LOVE
SURROUNDS AND SUSTAINS ME.

I AM NEVER alone. Through every hour of every day I am surrounded and blessed by God's loving presence. I am never at a loss to know what to do in any circumstance of my life. If there seems to be no one to whom I can turn for help and guidance, I am not dismayed; for I cast my burden upon my heavenly Father. If I am faced with a problem, I am filled with confidence concerning its solution; for God knows and understands the innermost workings of my heart. He is the answer to my every need; He sets all my affairs in divine order.

I am free from feelings of helplessness, for through the Christ within me I can do all things. God is my unfailing strength, and I turn to Him with perfect faith. Whatever the task that lies before me, I go forward undaunted and unafraid to accomplish.

I am never alone, for the Father's love surrounds and sustains me.

*Cast thy burden upon Jehovah, and he will sustain thee:
He will never suffer the righteous to be moved.*

—PSALMS 55:22.

Thursday

OCTOBER 25

I OPEN MY MIND AND MY HEART TO THE
HARMONIZING POWER OF GOD'S LOVE.

IF YOU find yourself in a tense and nervous state of mind, do not try to justify it by pointing the finger of blame toward the actions or attitudes of other persons or by calling to mind the unpleasant aspects of your life. Also, do not depreciate yourself for feeling as you do.

There are times in every person's experience when he has allowed tension to build up within him and he feels so resistant and antagonistic that he cannot think clearly or function efficiently.

If you are in a troubled state of mind say to yourself: "I open my mind and heart to the harmonizing love of God." Say this over and over to yourself until you have completely stilled all other thoughts and feelings, until you begin to feel God's love in your heart. Relax and consciously give your mind and heart over to the harmonizing power of God's love. Your mind will grow quiet. Your heart will fill with peace. Your powers will gather in constructive strength and purpose.

✿ *Commune with your own heart . . . and be still.*
—PSALMS 4:4.

OCTOBER 26

Friday

THROUGH THE POWER OF THE CHRIST WITHIN I HAVE THE ABILITY TO ACCOMPLISH MY GOD-INSPIRED GOAL.

IF YOU have a definite aim or goal in life, you can attain it through the power that is within you. This power within you—the Christ power—is mighty to accomplish all things. It knows no defeat. Through it your whole world can be transformed.

You can express this power in your life and affairs by recognizing the Christ within yourself and by uniting all your forces to the accomplishment of the good that you visualize. By uniting your faith, strength, and courage you can accomplish the things that are necessary to your happiness and highest good.

If you have some God-inspired goal that you long to reach in life, know that all things are possible to you with God's help. But know also that it is not just looking ahead to a goal that brings success and accomplishment; it is using your powers and abilities effectively day by day that prepares the way for the fulfillment of your dreams.

✿ *Stir up the gift of God, which is in thee.*—II TIM. 1:6.

Saturday

OCTOBER 27

I AM FREE FROM ALL THOUGHT OF FEAR, FOR
I ABIDE IN THE FAITH THAT GOD IS EVER
WITH ME TO PROTECT AND CARE FOR ME.

WHEN WE have complete faith in God and in His ability to take care of us and those we love, we let go of the fears that make us feel insecure and unhappy. We let go of the thought that we are alone or that we have to face our problems alone, for God is with us at all times to protect and to care for us. He guides us safely through every situation if we but place our faith in Him.

The awareness of God's presence and power in our life makes us strong and unafraid. Faith in Him gives us confidence, poise, and assurance that all is well. It is not possible for us to be inwardly fearful and to have faith in God at the same time; so, regardless of the demands made upon us, we can meet them courageously when we trust Him. Should some situation that seems difficult arise in our life, we can depend on Him to give us the wisdom and the courage to meet it successfully.

✱ *And he will send them a saviour, and a defender, and he will deliver them.*—ISA. 19:20.

OCTOBER 28

Sunday

THY SPIRIT STRENGTHENS AND CALMS ME,
AND I REST IN THE PEACE OF PERFECT
HEALTH.

FATHER, I COME to Thee in silent prayer. Thy presence within me is strengthening and sustaining me. In Thy love every anxious thought is stilled, every fear is dissolved. I rest in the peace of wholeness and health. I am blessed by the constant flow of Thy pure life within me. Because Thou art ever with me, I know that I can never be separated from Thy life. I acknowledge Thee, Father, as the source of my health and my strength, and I know that Thy power is in full control of every activity, every function of my body. I affirm Thy perfect health in me, knowing that my faith calls forth perfection. I see myself as Thou seest me, Father, Thy perfect child, richly endowed with all Thy qualities. In Thee I am whole and complete—mind, body, and soul. In silent communion with Thee I find perfect stillness; I feel Thy presence in me, around me, with me, now and forever.

I thank Thee, Father, for perfect health.

✱ *For as the Father hath life in himself, even so gave he to the Son also to have life in himself.*—JOHN 5:26.

Monday

OCTOBER 29

I AM POISED, CAPABLE, SELF-RELIANT, FOR I AM A CHILD OF GOD.

ALMOST every person has times when he feels unsure of himself, ill at ease, even timid about approaching some undertaking or some other person. To have such feelings is no reason for despair, however. As we look back on our life we can see that some of the experiences which have meant the most to us are ones we met with trepidation.

In conquering our inner fears we gain in poise and courage. In rising above feelings of self-consciousness and inferiority we gain in self-reliance, we strengthen our ability to express our true self, we prove our own self-reliance; we overcome our fears.

We never lose the spiritual ground we gain. All the growth we make, all the understanding we gain, all the wisdom we acquire strengthen and give us courage to face and overcome new challenges.

We are continually called upon to "try our own selves, whether we are in the faith; to prove our own selves."

✱ *Christ . . . is powerful in you.*—II COR. 13:3.

OCTOBER 30

Tuesday

"GOD IS MY HELP IN EVERY NEED;
GOD DOES MY EVERY HUNGER FEED."

IT HELPS to remind ourself of these lines from *The Prayer of Faith* when we feel discouraged, when we feel dissatisfied, when we feel a soul hunger.

There is a Spirit in us, the Spirit of God Himself, which gives us power to overcome, which lifts us up, which satisfies the longings of our soul.

In our human self we may feel weak and inadequate, we may feel incapable of coping with the circumstances of our life; but in our spiritual self we have all the strength we need, we have the power and the capability to meet all things.

When we remind ourself of the spiritual power that is ours, when we change our thought from one of weakness and defeat to one of courage and faith, we gain a sense of freedom in mind and body. We no longer desire to escape our responsibilities; we no longer seek freedom by attempting to run away from ourself or our fears. The Spirit of God in us pours new strength and power into us.

• *He satisfieth the longing soul.*—PSALMS 107:9.

Wednesday

OCTOBER 31

"WHAT IS THAT TO THEE? FOLLOW THOU ME."

SOMETIMES we keep ourself from enjoying peace of mind by worrying and fretting about the affairs of other persons. When we find ourself wondering why someone else acts as he does, when we are tempted to gossip about someone else, when we are unduly concerned over another's apparent lack of wisdom or understanding, we need to remember Jesus' words to His disciples, "*What is that to thee? follow thou me.*"

Whenever we think of a person we have felt critical or disapproving of, it is good to give him a silent blessing. In our heart we know that critical and unloving thoughts do not help anyone, the other person or ourself.

It is true that sometimes our worry and concern for others is prompted by our love for them and by our longing to see them live their lives differently. But each person must follow the light as he sees it, and we do more in the way of helping and inspiring those we love by following our own inner Christ light than by attempting to point out their way to them.

✱ *What is that to thee? follow thou me.*—JOHN 21:22.

This Month IN UNITY



Results with Prosperity Bank

It is always inspiring to us to receive letters from Truth students who have completed their first Prosperity Bank. The following letter comes from a housewife in Georgia, who writes:

"This is my first Bank, and it certainly has been a wonderful experience. Our son's long illness had drained us pretty badly financially, and the day the Bank came I had less than a dollar. I put in a dime and blessed it, and from that day I have been blessed in so many different ways. Our butcher was able to get us the country-cured ham we had wanted so long. My mother sent me \$10 in a letter. A former employer gave me some typing to do and paid me in advance. My husband, who works on commission, has almost doubled his salary for several weeks now, and we were enabled to get the good used car that we needed. The most blessed thing is seeing our son recovering so completely. Yes, God has blessed us, and I am so grateful. Please send me another Bank."



Have you tried the Prosperity Bank plan? You may do so by mailing the coupon on the last page of this magazine.

A Vital Part of Daily Living

"Unity Viewpoint," the 15-minute radio program presented over more than 30 radio stations in the United States, Australia, and Puerto Rico, reaches many persons who desire the Truth message yet cannot attend Unity meetings or classes.



A listener in California writes:

"It is with joy that I send a love offering to help maintain the broadcasts, which have become such a vital part of my daily living. There are no words to express my gratitude and appreciation for the help and in-

spiration each talk gives me. I can listen to your program before I go to work and am thus strengthened to meet the many challenges of the day."

Unity is assisted in its presentation of "Unity Viewpoint" by your love offerings. A copy of the folder listing radio stations that carry this daily radio service will be mailed to you on request.

"Driver" or "Driven"?

People who approach their business life with

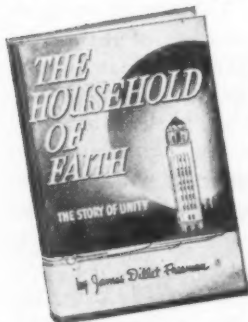
tremendous "drive" often find sooner or later that their work is "driving" *them* and that they are not very happy about it. The very intensity of their effort seems to make enemies of their business associates and co-workers. Hate and hurry blind them to the real joy to be found in work, and at the end of the day they are exhausted by the methods they have had to use in their attempts to remain in control through sheer will.

Are you one of these people? You need be one of them no longer—not a moment longer than it takes you to read your first copy of *Good Business* magazine. For *Good Business* advocates the principles of Jesus Christ, who taught the soundest business methods that have ever been given to the world.

Good Business, \$1 a year, brings you fifty pages of practical, helpful business inspiration. It cites examples of successful people who are in the "driver's seat," showing actual instances in which Truth has effectively been put into practice in business. It answers the questions "Can a business be built on the Master's teachings?" and "Is it really possible to be a good businessman and still obey the teachings of Jesus Christ?"



A Treasure for Your Bookshelf



In many fine homes it is the custom to plan the home library for its present enjoyment and also for its interest to future generations of the family. If yours is such a home, you will find *Household of Faith*, James Dillet Freeman's biography of Charles and Myrtle Fillmore and the Unity movement, a veritable treasure.

The Household of Faith contains:

1. The complete story of the founding and growth of the Unity movement
2. Selected articles by Charles Fillmore
3. Color photographs of Unity's world headquarters at Unity Farm

The Household of Faith is an exceptionally fine book, both for its interesting and informative content as well as its attractive appearance on the library shelf. It contains over 300 pages, is printed in large, easily readable type on fine-quality paper, and is handsomely bound in brown leather-grain Keratol, with gold-stamped title. The price is \$5 a copy. Add to your library treasures today by ordering *The Household of Faith*.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

Parent of a Freshman?

The first year of high school is an exciting time for your child, isn't it? It opens up a whole new world to him—a world in which he ceases to be a "child" and really begins to grow up—a world in which he takes on the new status of "teen-ager." Lucky boy or girl, to be a part of this world!

Yet being a teen-ager has its problems, because everything about him is going through a process of "change"—his height, his weight, his personality, his tastes, his aims and ambitions, his relationship to the world about him—and often he wishes for "someone to talk with" about the different problems these changes bring about. Such a friend to the teen-ager is **YOU** magazine.

YOU magazine is edited by people who really understand teen-agers and their need for guidance as well as for real reading entertainment. Its many departments and interesting features help them to grow in inner ways as well as in outer expression, and the price is only \$1 yearly. Why not order **YOU** magazine for your teen-ager today?



UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

Make Your Dream Come True!

If in your heart you cherish a worthy dream, God will help you to achieve its fulfillment. Every sincere, unselfish desire that you have was implanted in you by your all-loving Father, who wants you to claim your good. So why wait longer? Begin now to make your dream come true!

For practical guidance in making your dream come true, you will find in the Prosperity Bank plan just the help you need. It is a daily program of realization that the Father's abundance is already yours. Each day as you pray and follow the instructions that come with your Bank, remember to bless a portion of your material substance and place it in the Bank. The amount you save may be used to send DAILY WORD gift subscriptions to your friends.

Unity School of Christianity, Lee's Summit, Missouri

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save \$3 for the three DAILY WORD subscriptions (one year each) listed below:

1. Name _____
Street _____
City _____ State _____
2. Name _____
Street _____
City _____ State _____
3. Name _____
Street _____
City _____ State _____

SENDER'S NAME _____
Street _____
City _____ State _____

Please indicate postal zone number, if cities are so divided. D-10-51

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*"Oh, I Wish There Were
Some Way I Could Help
Him!"*

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Have you recently said this of someone who is burdened with some illness, doubt, or fear? Have you thought of sending him *Unity* magazine?

Thousands of persons have not only gained a thorough understanding of Truth principles by using *Unity* magazine as their guide, but have been inspired to live by these principles and thus realize, health, peace of mind, and supply for the first time in their life.

Unity magazine teaches Christian metaphysics through inspirational articles and the spiritual interpretation of the International Sunday School Lessons. Let *Unity* be your quiet messenger of love and good will to those whom you desire to help. Both beginners and advanced students are inspired to apply Truth to problems of health and supply by its articles.

Unity magazine is published monthly. The subscription price is only \$1 a year.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri



The Road of Prayer

JAMES DILLET FREEMAN

There are some roads that are not meant
For hurry but for heart's content—
Such is the road of silent prayer.
It is a way of Spirit where
The soul may walk and be alone,
Only communing with its own
Deep springs of quietness.
Heaven and earth conspire to bless
Him who has found this quiet way,
Who takes the time to pause and pray.
One with the omnipresent will
His thoughts move, yet his thought is still.
He moves, communing through the hush
Of Spirit; and from burning bush
And tree God speaks. How far past speech
The silence of a prayer can reach!

We take the road of prayer and find
It is the path to peace of mind.



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